# STRATHISLA OF DISTILLERY HOME of CHIVAS ESTD 1786

'We want you to **enjoy our whiskies responsibly** when you are with us, and at home.'

### Convivial and safe experiences .

#### A safe onward journey

Don't drink & drive. Plan ahead on how you will get home or to your next destination safely OR take your whisky samples away in the small bottles we provide and enjoy them later.

#### **Moderation**

Pace yourself, take your time and keep track of how much you drink. To help with this we have calculated the alcohol units on each of our experiences and on our Bar Menu to help you understand how much alcohol you might consume.

Spittoons are available on all experiences.

#### Always respect other people's choice not to drink

There can be many reasons why someone may choose not to drink; medication, pregnancy or simply a personal choice. Our whiskies are bursting with vibrant aromas that can be explored by nosing the samples offered on our experiences. Afteral, our Master Blender and his team of experts use their noses when creating their masterpieces!

#### Know what you are drinking

Some of our whiskies are at natural cask strength and can be over 60% ABV. Our hosts will give you this information and we have calculated the alcohol units on each of our experiences and on our Bar Menu to help you understand how much alcohol you might consume.

#### Guests under 18 years

The legal drinking age in Scotland is 18.

We implement Scotland's CHALLENGE 25 policy: Any guest who we perceive to look younger than 25 years, must present ID proving they are over 18 years before they can purchase or consume alcohol.

#### <u>Water</u>

Cleanse your palate with a glass of water between your tastings.

Having a glass of water with an alcoholic drink helps you stay hydrated.

#### Food

If you drink, always accompany it with food: we offer a small packet of light snacks to all experience guests and have a range of bar snacks available to purchase at the bar.

Eating before and while you drink will slow down the absorption of alcohol, but it will not prevent you from getting drunk.



## Taking it home to share . . .

Always serve **food** to your guests

Make sure *water* and *non-alcoholic* beverages are available

Don't overserve or top up glasses. To help your guests *keep track* of how much they are drinking, use *standard measures* when pouring drinks.

**Respect** your guests choice not to drink or to drink moderately.

Keep an eye on any **underage guests** to ensure they cannot access alcoholic drinks

Make sure everyone can have a *safe journey home*. Drinking and driving is not an option.